



## **A sampling of what's being said about *The Navigator's Handbook***

“A smart and engaging take on leadership in the 21<sup>st</sup> century. David’s wonderful sense of narrative and pace provides insights through passed along wisdom from some surprising sources. The Navigator’s Handbook helps you chart your own course to personal discovery and leadership excellence”.

Douglas A. Bowen, President and CEO  
Peoples Bank

“David O’Brien recognizes how critical behaviors and our desire for a higher purpose in an organization and in our lives can define success or failure for a company, a team and a person. He captures a lifetime of developing winning teams and people, and puts them in simple, easy to follow lessons for leaders at all levels that will lead to the Navigator's path. It is well worth reading.”

Arthur Banks, Chief Operating Officer  
Blue Cross Blue Shield of Massachusetts

“The Navigator’s Handbook offers an inspiring and fresh framework for leadership. The lessons and exercises provide a clear path for bringing out the best in ourselves and our employees. David reminds us that leadership is both an intellectual and emotional calling, worthy of our highest effort”.

Linda Todaro, Chief Administrative Officer  
RiverBend Medical Group

“The Navigator’s Handbook is an excellent primer for anyone who is, or wants to become, a highly successful leader. Using real-life examples and his personal experiences, David O’Brien provides lots of practical advice and shows you how to become a true leader – in business and in life”.

Bruce Beatt, General Counsel and Secretary  
The Stanley Works



*The Navigator's Handbook Endorsements continued,*

"David's style is welcoming and draws you in to the conversation. By sharing his own experiences, you know this is not a prescriptive approach. Rather, having lived through it, David becomes the guide who points out the stunning vistas as well as the obstacles and potential trouble spots along the leadership path. The exercises and lessons learned allow for the reader to start to construct their own experiences and go back for reinforcement, reminders and renewal whenever needed."

Deepika Nath, Ph.D. Founder and CEO  
Indica Consulting Group

"The Navigator's Handbook is an adventure in leadership learning that should grace every managers' credenza. Author David O'Brien uses a conversational tone to engage the reader in a tutorial about work-place behaviors, which successful leaders must recognize and effectively manage. The journey is rich with practical advice on how to help transform challenging team members into navigators--who appreciate the opportunity to enhance their careers and invest in their companies' success. The lessons in the Navigator's Handbook make leadership development a joyful experience. This book will improve your relationships with your team members and everyone in your life".

James Mathewson  
Editor in Chief  
ibm.com

"The Navigator's Handbook reflects the practicality of David O'Brien's understanding of the impact of personal values on the inherent truth that great leadership is within the reach of us all once we know ourselves, and are willing to inspect how we live our personal and professional lives. The Navigator's Handbook provides the tools and the inspirational impetus for the introspection necessary to maximize the God given talents we all possess, and need to nurture. The Navigator's Handbook is both a mirror providing an opportunity for reflection and a guidepost by which to take measure of our leadership impact and growth. For those interested in developing their leadership qualities, The Navigator's Handbook is a must read".

John Honor, Executive Director, Human Resources  
KPMG North America

"Inspirational, practical and clear. Complete with instructions, exercises, lessons and examples for immediate application. The Navigator's Handbook is a must read for anyone who wants to grow as a respected and inspired leader".

Holly Cohen, CEO Career Coach